Załącznik do Uchwały

# Harmonogram realizacji programu studiów w poszczególnych semestrach i latach cyklu kształcenia wraz z przypisaną liczbą punktów ECTS

**Instytut Zdrowia**
**Kierunek: Dietetyka**
**Stopień: pierwszy Profil: praktyczny Forma: stacjonarna**

| Lp. | Rok ak. wejścia planu: 2021/2022<br>Data aktualizacji: 2021-05-18 | Suma godz. | ECTS | LICZBA GODZIN / PKT ECTS | | | | | | Rok/semestr | | | | | | | | | | | | | | Rok/semestr | | | | | | | | | | | | | | Rok/semestr | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | | | I/I | | | | | | | I/II | | | | | | | II/III | | | | | | | II/IV | | | | | | | III/V | | | | | | | III/VI | | | | | | |
| | | | | W | C | ZW | ZP | PZ | ECTS | W | C | ZW | ZP | PZ | ECTS | Forma zal | W | C | ZW | ZP | PZ | ECTS | Forma zal | W | C | ZW | ZP | PZ | ECTS | Forma zal | W | C | ZW | ZP | PZ | ECTS | Forma zal | W | C | ZW | ZP | PZ | ECTS | Forma zal | W | C | ZW | ZP | PZ | ECTS | Forma zal |
| A | ZAJĘCIA OGOLNE | 265 | 20 | 80 | 170 | 15 | 0 | 0 | 20 | 60 | 70 | 15 | 0 | 0 | 11 | | 0 | 30 | 0 | 0 | 0 | 2 | | 0 | 30 | 0 | 0 | 0 | 2 | | 0 | 30 | 0 | 0 | 0 | 2 | | 10 | 0 | 0 | 0 | 0 | 1 | | 10 | 10 | 0 | 0 | 0 | 2 | |
| 1 | Socjologia | 20 | 1 | 10 | 10 | 0 | 0 | 0 | 1 | 10 | 10 | | | | 1 | ZO | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2 | Język obcy* | 120 | 8 | 0 | 120 | 0 | 0 | 0 | 8 | | 30 | | | | 2 | ZO | | 30 | | | | 2 | ZO | | 30 | | | | 2 | ZO | | 30 | | | | 2 | ZO | | | | | | | | | | | | | | | |
| 3 | Ergonomia i higiena pracy dietetyka | 25 | 2 | 15 | 10 | 0 | 0 | 0 | 2 | 15 | 10 | | | | 2 | ZO | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 | Psychologia zmiany z komunikowaniem interpersonalnym | 25 | 2 | 15 | 10 | 0 | 0 | 0 | 2 | 15 | 10 | | | | 2 | ZO | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5 | Filozofia z elementami etyki/Podstawy bioetyki* | 20 | 2 | 10 | 10 | 0 | 0 | 0 | 2 | 10 | 10 | | | | 2 | ZO | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6 | Podstawy prawa własności intelektualnej | 10 | 1 | 10 | 0 | 0 | 0 | 0 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 10 | | | | | 1 | ZO | | | | | | | | |
| 7 | Prawo i ekonomika w ochronie zdrowia/Prawo medyczne* | 20 | 2 | 10 | 10 | 0 | 0 | 0 | 2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 10 | 10 | | | | 2 | ZO |
| 8 | Pierwsza pomoc | 25 | 2 | 10 | 0 | 15 | 0 | 0 | 2 | 10 | | 15 | | | 2 | ZO | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| B | ZAJĘCIA PODSTAWOWE | 515 | 32 | 275 | 90 | 150 | 0 | 0 | 32 | 135 | 10 | 135 | 0 | 0 | 18 | | 60 | 30 | 0 | 0 | 0 | 4 | | 30 | 15 | 0 | 0 | 0 | 2 | | 15 | 15 | 0 | 0 | 0 | 2 | | 15 | 0 | 15 | 0 | 0 | 2 | | 20 | 20 | 0 | 0 | 0 | 4 | |
| 1 | Anatomia człowieka z elementami histologii | 40 | 3 | 30 | 10 | 0 | 0 | 0 | 3 | 30 | 10 | | | | 3 | E | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2 | Mikrobiologia ogólna i żywności z elementami parazytologii | 30 | 3 | 15 | 0 | 15 | 0 | 0 | 3 | 15 | | 15 | | | 3 | E | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 | Fizjologia człowieka | 45 | 2 | 30 | 15 | 0 | 0 | 0 | 2 | | | | | | | | 30 | 15 | | | | 2 | E | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 | Genetyka z nutrigenetyką | 45 | 2 | 30 | 15 | 0 | 0 | 0 | 2 | | | | | | | | 30 | 15 | | | | 2 | ZO | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5 | Biochemia ogólna i żywności | 90 | 5 | 45 | 0 | 45 | 0 | 0 | 5 | 45 | | 45 | | | 5 | E | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6 | Chemia żywności | 75 | 4 | 30 | 0 | 45 | 0 | 0 | 4 | 30 | | 45 | | | 4 | E | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 7 | Higiena, toksykologia i bezpieczenstwo żywności | 30 | 2 | 15 | 15 | 0 | 0 | 0 | 2 | | | | | | | | | | | | | | | | | | | | | | | 15 | 15 | | | | 2 | ZO | | | | | | | | | | | | | |
| 8 | Środowiskowe uwarunkowania zdrowia | 45 | 2 | 30 | 15 | 0 | 0 | 0 | 2 | | | | | | | | | | | | | | | 30 | 15 | | | | 2 | ZO | | | | | | | | | | | | | | | | | | | | | |
| 9 | Podstawy opieki nad chorym | 45 | 3 | 15 | 0 | 30 | 0 | 0 | 3 | 15 | | 30 | | | 3 | ZO | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10 | Statystyka w dietetyce/Technologia informacyjna w dietetyce* | 30 | 2 | 15 | 0 | 15 | 0 | 0 | 2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 15 | | 15 | | | 2 | ZO | | | | | | | | |
| 11 | Prawo i ekonomika w zakładach żywieniowych/Organizacja pracy w zakładach żywienia* | 40 | 4 | 20 | 20 | 0 | 0 | 0 | 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 20 | 20 | | | | 4 | ZO |
| C | ZAJĘCIA KIERUNKOWE | 1365 | 96 | 530 | 485 | 270 | 80 | 0 | 96 | 10 | 15 | 0 | 0 | 0 | 1 | | 120 | 50 | 90 | 40 | 0 | 15 | | 125 | 110 | 75 | 40 | 0 | 26 | | 115 | 100 | 45 | 0 | 0 | 14 | | 115 | 165 | 30 | 0 | 0 | 20 | | 45 | 45 | 30 | 0 | 0 | 20 | |
| 1 | Podstawy kliniczne chorób wieku dziecięcego | 30 | 2 | 30 | 0 | 0 | 0 | 0 | 2 | | | | | | | | | | | | | | | | | | | | | | 30 | | | | | 2 | E | | | | | | | | | | | | | | |
| 2 | Podstawy kliniczne chorób wewnętrznych | 45 | 2 | 45 | 0 | 0 | 0 | 0 | 2 | | | | | | | | 45 | | | | | 2 | E | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 | Klinika i żywienie w chorobach chirurgicznych | 40 | 2 | 15 | 25 | 0 | 0 | 0 | 2 | | | | | | | | | | | | | | | 15 | 25 | | | | 2 | ZO | | | | | | | | | | | | | | | | | | | | | |
| 4 | Klinika i żywienie w geriatrii | 35 | 2 | 15 | 20 | 0 | 0 | 0 | 2 | | | | | | | | | | | | | | | | | | | | | | 15 | 20 | | | | 2 | E | | | | | | | | | | | | | | |
| 5 | Podstawy technologii produkcji potraw | 65 | 3 | 20 | 0 | 45 | 0 | 0 | 3 | | | | | | | | 20 | | 45 | | | 3 | E | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6 | Analiza i ocena jakości żywności | 45 | 3 | 15 | 0 | 30 | 0 | 0 | 3 | | | | | | | | | | | | | | | 15 | | 30 | | | 3 | E | | | | | | | | | | | | | | | | | | | | | |
| 7 | Podstawy żywienia człowieka zdrowego | 45 | 3 | 25 | 20 | 0 | 0 | 0 | 3 | | | | | | | | 25 | 20 | | | | 3 | E | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8 | Diagnostyka kliniczna i laboratoryjna w praktyce dietetycznej | 35 | 2 | 20 | 15 | 0 | 0 | 0 | 2 | | | | | | | | | | | | | | | 20 | 15 | | | | 2 | ZO | | | | | | | | | | | | | | | | | | | | | |
| 9 | Pracownia żywienia | 60 | 3 | 15 | 0 | 45 | 0 | 0 | 3 | | | | | | | | 15 | | 45 | | | 3 | E | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10 | Żywienie w chorobach zakaźnych, zatruciach ostrych i przewlekłych | 60 | 5 | 30 | 30 | 0 | 0 | 0 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 30 | 30 | | | | 5 | E |
| 11 | Klinika i żywienie w chorobach o podłożu psychogennym | 15 | 2 | 10 | 5 | 0 | 0 | 0 | 2 | | | | | | | | | | | | | | | 10 | 5 | | | | 2 | ZO | | | | | | | | | | | | | | | | | | | | | |
| 12 | Zarys kliniki i żywienia w alergologii | 30 | 2 | 15 | 15 | 0 | 0 | 0 | 2 | | | | | | | | | | | | | | | | | | | | | | 15 | 15 | | | | 2 | ZO | | | | | | | | | | | | | | |
| 13 | Żywienie w chorobach metabolicznych i endokrynologicznych | 50 | 4 | 20 | 30 | 0 | 0 | 0 | 4 | | | | | | | | | | | | | | | 20 | 30 | | | | 4 | ZO | | | | | | | | | | | | | | | | | | | | | |
| 14 | Żywienie w przewlekłych chorobach niezakaźnych | 40 | 4 | 20 | 20 | 0 | 0 | 0 | 4 | | | | | | | | | | | | | | | 20 | 20 | | | | 4 | E | | | | | | | | | | | | | | | | | | | | | |
| 15 | Leczenie dietetyczne w onkologii | 30 | 2 | 15 | 15 | 0 | 0 | 0 | 2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 15 | 15 | | | | 2 | ZO |
| 16 | Planowanie diet leczniczych | 120 | 7 | 30 | 0 | 90 | 0 | 0 | 7 | | | | | | | | | | | | | | | 15 | | 45 | | | 4 | ZO | 15 | | 45 | | | 3 | E | | | | | | | | | | | | | | |
| 17 | Dietetyka pediatryczna | 45 | 2 | 15 | 30 | 0 | 0 | 0 | 2 | | | | | | | | | | | | | | | | | | | | | | 15 | 30 | | | | 2 | ZO | | | | | | | | | | | | | | |
| 18 | Farmakologia i farmakoterapia żywieniowa z elementami ziołolecznictwa | 60 | 3 | 30 | 30 | 0 | 0 | 0 | 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 30 | 30 | | | | 3 | E | | | | | | | | |
| 19 | Opieka nad chorym w różnych specjalnościach medycyny/Opieka na chorym w różnym wieku* | 80 | 5 | 0 | 0 | 0 | 80 | 0 | 5 | | | | | | | | | | | 40 | | 2 | ZO | | | | 40 | | 3 | ZO | | | | | | | | | | | | | | | | | | | | | |
| 20 | Trening personalny z elementami żywienia w rekreacji | 35 | 2 | 15 | 20 | 0 | 0 | 0 | 2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 15 | 20 | | | | 2 | ZO | | | | | | | | |
| 21 | Podstawy medycyny sportowej | 30 | 2 | 15 | 15 | 0 | 0 | 0 | 2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 15 | 15 | | | | 2 | ZO | | | | | | | | |
| 22 | Podstawy biochemii wysiłku fizycznego/ Podstawy fizjologii wysiłku* | 30 | 2 | 10 | 20 | 0 | 0 | 0 | 2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 10 | 20 | | | | 2 | ZO | | | | | | | | |
| 23 | Poradnictwo dietetyczne w sporcie | 40 | 3 | 15 | 25 | 0 | 0 | 0 | 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 15 | 25 | | | | 3 | E | | | | | | | | |
| 24 | Odnowa biologiczna z elementami żywienia/Żywienie w różnych dyscyplinach sportu* | 40 | 3 | 15 | 25 | 0 | 0 | 0 | 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 15 | 25 | | | | 3 | E | | | | | | | | |
| 25 | Prewencja pierwotna przewlekłych chorób niezakaźnych/Prewencja wtórna przewlekłych chorób niezakaźnych* | 25 | 1 | 10 | 15 | 0 | 0 | 0 | 1 | | | | | | | | | | | | | | | | | | | | | | 10 | 15 | | | | 1 | ZO | | | | | | | | | | | | | | |
| 26 | Systemy zapewnienia bezpieczeństwa i jakości żywności | 25 | 2 | 10 | 15 | 0 | 0 | 0 | 2 | | | | | | | | | | | | | | | 10 | 15 | | | | 2 | ZO | | | | | | | | | | | | | | | | | | | | | |
| 27 | Pedagogika z dydaktyką/Dydaktyka medyczna* | 25 | 1 | 10 | 15 | 0 | 0 | 0 | 1 | 10 | 15 | | | | 1 | ZO | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 28 | Metodyka edukacji zdrowotnej/Promocja zdrowia z elementami metodyki edukacji zdrowotnej* | 45 | 2 | 15 | 30 | 0 | 0 | 0 | 2 | | | | | | | | 15 | 30 | | | | 2 | ZO | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 29 | Edukacja żywieniowa/Poradnictwo żywieniowe* | 45 | 3 | 15 | 30 | 0 | 0 | 0 | 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 15 | 30 | | | | 3 | ZO | | | | | | | | |
| 30 | Metodologia badań naukowych/Prace rozwojowe w obszarze działalności zawodowej* | 35 | 2 | 15 | 20 | 0 | 0 | 0 | 2 | | | | | | | | | | | | | | | | | | | | | | 15 | 20 | | | | 2 | ZO | | | | | | | | | | | | | | |
| 31 | Seminarium dyplomowe/Przygotowanie pracy dyplomowej | 60 | 15 | 0 | 0 | 60 | 0 | 0 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 30 | | | 2 | ZO | | | 30 | | | 13 | ZO |
| E | PRAKTYKA ZAWODOWA* | 800 | 32 | 0 | 0 | 0 | 0 | 800 | 32 | 0 | 0 | 0 | 0 | 0 | 0 | | 0 | 0 | 0 | 0 | 240 | 9 | | 0 | 0 | 0 | 0 | 0 | 0 | | 0 | 0 | 0 | 0 | 320 | 12 | | 0 | 0 | 0 | 0 | 160 | 7 | | 0 | 0 | 0 | 0 | 80 | 4 | |
| 1 | Praktyka wakacyjna kliniczna | 160 | 6 | 0 | 0 | 0 | 0 | 160 | 6 | | | | | | | | | | | | 80 | 3 | ZO | | | | | | | | | | | | 80 | 3 | ZO | | | | | | | | | | | | | | |
| 2 | Praktyka wakacyjna z zakresu żywienia osób dorosłych | 160 | 6 | 0 | 0 | 0 | 0 | 160 | 6 | | | | | | | | | | | | 80 | 3 | ZO | | | | | | | | | | | | 80 | 3 | ZO | | | | | | | | | | | | | | |
| 3 | Praktyka wakacyjna z zakresu technologii potraw | 80 | 3 | 0 | 0 | 0 | 0 | 80 | 3 | | | | | | | | | | | | 80 | 3 | ZO | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 | Praktyka śródsemestralna z zakresu żywienia dzieci | 80 | 3 | 0 | 0 | 0 | 0 | 80 | 3 | | | | | | | | | | | | | | | | | | | | | | | | | | 80 | 3 | ZO | | | | | | | | | | | | | | |
| 5 | Praktyka śródsemestralna z zakresu poradnictwa dietetycznego | 80 | 4 | 0 | 0 | 0 | 0 | 80 | 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 80 | 4 | ZO |
| 6 | Praktyka śródsemestralna z zakresu zywienia w chorobach przewlekłych | 80 | 3 | 0 | 0 | 0 | 0 | 80 | 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 80 | 3 | ZO | | | | | | |
| 7 | Praktyka wakacyjna w zakresie żywienia osób w wieku starszym | 80 | 3 | 0 | 0 | 0 | 0 | 80 | 3 | | | | | | | | | | | | | | | | | | | | | | | | | | 80 | 3 | ZO | | | | | | | | | | | | | | |
| 8 | Praktyka śródsemestralna w zakresie poradnictwa dietetycznego w różnych formach aktywności fizycznej | 80 | 4 | 0 | 0 | 0 | 0 | 80 | 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 80 | 4 | ZO | | | | | | |
| F | ZAJĘCIA POZOSTAŁE | 60 | 0 | 0 | 60 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | 0 | 0 | 0 | 0 | 0 | 0 | | 0 | 30 | 0 | 0 | 0 | 0 | | 0 | 30 | 0 | 0 | 0 | 0 | | 0 | 0 | 0 | 0 | 0 | 0 | | 0 | 0 | 0 | 0 | 0 | 0 | |
| 1 | Wychowanie fizyczne | 60 | 0 | 0 | 60 | 0 | 0 | 0 | 0 | | | | | | | | | | | | | | | | 30 | | | | | ZO | | 30 | | | | | ZO | | | | | | | | | | | | | | |
| 2 | Szkolenie w zakresie bezpieczenstwa i higieny pracy | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Razem | | 3005 | 180 | 885 | 745 | 435 | 80 | 800 | 180 | 205 | 95 | 150 | 0 | 0 | 30 | | 180 | 110 | 90 | 40 | 240 | 30 | | 155 | 155 | 75 | 40 | 0 | 30 | | 130 | 145 | 45 | 0 | 320 | 30 | | 140 | 165 | 45 | 0 | 160 | 30 | | 75 | 75 | 30 | 0 | 80 | 30 | |
| | Ogółem | 2945 | 180 | 2145 | | | | 800 | 180 | 450 | | | | | | | 660 | | | | | | | 425 | | | | | | | 640 | | | | | | | 510 | | | | | | | 260 | | | | | | |

Legenda: W - wykład, C - ćwiczeniaaudytoryjne/sem., ZP - zajęcia praktyczne, PZ - praktyka zawodowa ZW- zajecia warsztatowe, Forma zaliczenia: "E" - egzamin "ZO" - zaliczenie na ocenę; ECTS- liczba punktów ECTS